

# General Conference

OCTOBER 2022

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# GENERAL CONFERENCE OCT. 2022

## Saturday Morning Session

Dallin H. Oaks



DON'T BE COMPELLED. JUST DO!

Be more aware & more appreciative of others who serve



Liberal to all, both old and young, having no respect to persons as to those who stood in need.  
ALMA 1:30

TRACY Y. BROWNING



1. Tool that helps clarify & focus
2. Need for tangible guidance

see life thru

JESUS CHRIST  
HE IS THE WHY  
testify  
serve



OPEN THE EYES  
See others

Dale G. Renlund

PILOT'S FRAMEWORK



HOW TO STAY on the covenant PATH to reach our ETERNAL DESTINY

THE FRAMEWORK IN WHICH THE Holy Ghost OPERATES for PERSONAL REVELATION

① SCRIPTURES to hear God's will

③ HARMONY

② Revelation for SELF only

won't contradict God's commandments

④ WHAT HAS GOD ALREADY TOLD YOU? trust that and don't keep asking

⑤ LINE UPON LINE > you CAN receive more. CLAIM IT!

DIETER F. UCHTDORF

FEAR NOT  
doubt not



WWJD → really what would Jesus...

- see you as
- want you to do
- want you to say

He is your GUIDE

TRUTH

Jesus Christ's Gospel



MAKE CHOICES BASED ON WHAT GOD WOULD HAVE YOU DO?

It's up to you to choose.

# RAFAEL E. PINO

## TRADITIONS and customs



Follow if not contrary to gospel teachings

**MAKE NORMAL:**

- ① personal & family scriptures
- ② PRAY daily
- ③ sacrament weekly
- ④ temple work

Mosiah 5:15  
steadfast & immovable

New ↑  
Normal ↓  
NEVERENDING happiness

# Hugo Montoya

## LOVE



MY BROTHER'S NEEDS BECOME my own needs

take every opportunity to help our "neighbor"

**TRUST GOD** even when circumstances change  
JOY depends on FOCUS of life not circumstances



HE IS THERE

pray



atonement

Bless your kids 5-50 yrs

# Ronald A Rasband

BOOK OF MORMON  
another testament of Jesus Christ

MOSIAH 2:9

OPEN ears ③ hearts minds



SHARE

most precious truths

TESTIFY & teach

## HOPE

GIVE HOPE

BOOK OF MORMON



flood the earth

share your testimony of it

# RUSSELL M. NELSON

president of the church



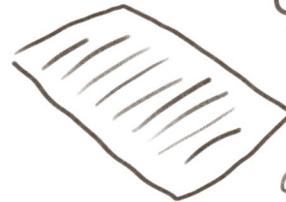
GREATEST strength COMES FROM the Lord

ABUSE of any kind is an ABOMINATION to the Lord

WHAT IS TRUE?

truth is NOT relative

**GOD** is the source of all truth



make note of truths you hear during this conference

## GOD IS TRUTH

Ether 3:12

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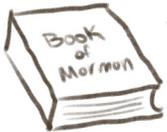
saturday afternoon session

M. Russell Ballard



FAITH in EVERY footprint

"Pioneer": NOUN: a person among the first to a new area or experience; VERB: to open or prepare the way for others to follow



JOSEPH SMITH: 1st vision; translation of the Book of Mormon  
PROPHETS; MISSIONARY

ALL OF US

prepare the way to the covenants and to God's PRESENCE



BE A MODERN PIONEER

REPENT • FAITH • RETURN TO GOD  
challenges can be overcome

Kristin M. Yee



DAVID/NABAL and Abigail

she brought food & supplies

← she took Nabal's sin upon her & pleaded for him

Christ pleads for you



our example:

Father, forgive them for they know not what they do.



HE CAN HEAL YOU

YOU CAN'T erase BUT YOU CAN forgive



JOSEPH of EGYPT

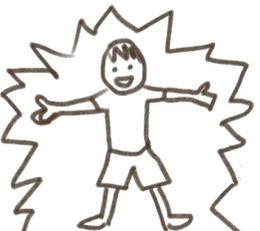
Beauty from ashes

PAUL V. JOHNSON



GOD JESUS

BECOME AS THEY ARE



BECOME NEW person



Aaron's Bone marrow transplant

Then brothers will share DNA. Literally SAVED by his Brother's blood.

We CANNOT save ourselves ONLY saved through ATONING BLOOD OF JESUS CHRIST

- ① Humble self, open heart
- ② The Lord will change you.

Our perfection is only possible through God's grace. His grace is always sufficient. 100% promise

Jorge F. Zeballos

inter-seismic  
Resistant to Earthquakes  
STAND without SUFFERING

HOW TO BE RESISTANT TO TRIALS...

temptation of Jesus



① Fasted (40 days) - Strong Spirit  
Strengthen your spirit.

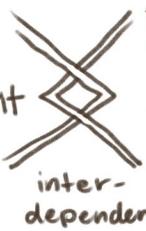
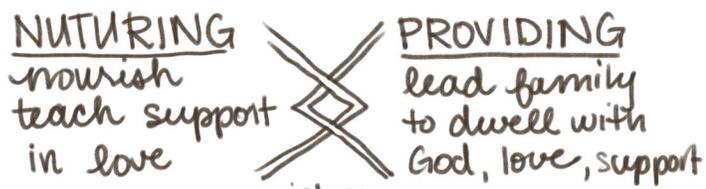
② Know we will not be tempted above what we can bear; be patient

Misses S. Soares

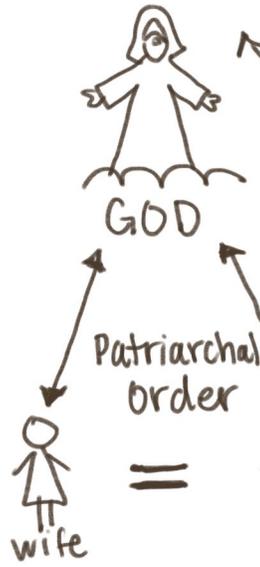


① We are all alike unto God  
man & woman equally important

② do unto others as you would have done unto you; gentleness meekness, kindness, love unfeigned



sometimes one spouse must do both b/c of their circumstances



Patriarchal order

KEEP BOND w/ GOD

Unity

Purpose of Sacrifice in Belonging

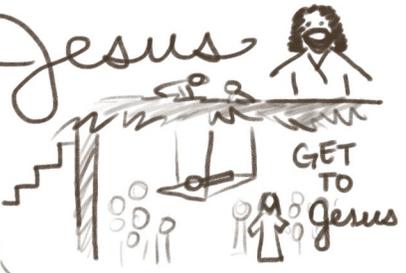
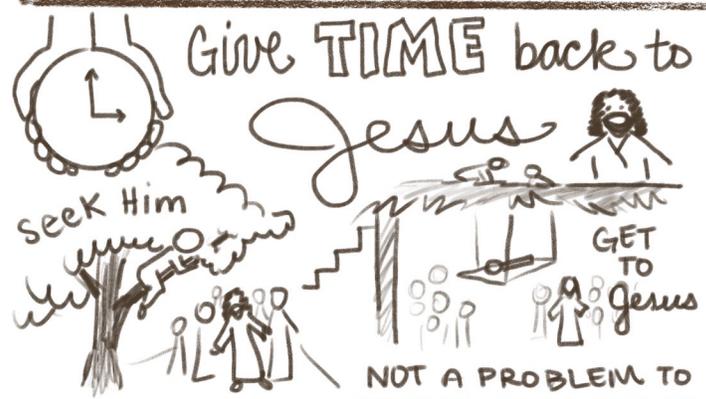
- Belonging comes as we REACH OUT to help & serve others
- REACH OUTSIDE of ourselves • Willing to go through trials to grow

Importance of Jesus Christ to Belonging

- Jesus died for ME
  - I belong in His Kingdom
- YOU DO BELONG!

YOU BELONG TO HIM

JAMES W. MCKONKIE



NOT A PROBLEM TO BE DEALT WITH BUT an opportunity to serve and love

COME TO HIM

- He Forgives
- He has power to heal
- He will honor our intentions

Community is important



Each have a corner to carry

D. Todd Christofferson  
the ROLE of BELONGING

Role of Belonging in the Gathering



NO EXCLUSION for single

NO ROOM FOR racism

for divorced for childless

EVERYONE IS needed

for any reason

YOU DO BELONG!



Keeping covenants brings you a closer relationship with God and binds you to Him.

Gérald Causse

CLAUDE MONET



STEWARDSHIP

a sacred responsibility to care for something entrusted

- ① The earth belongs to God
- ② We are stewards of this world

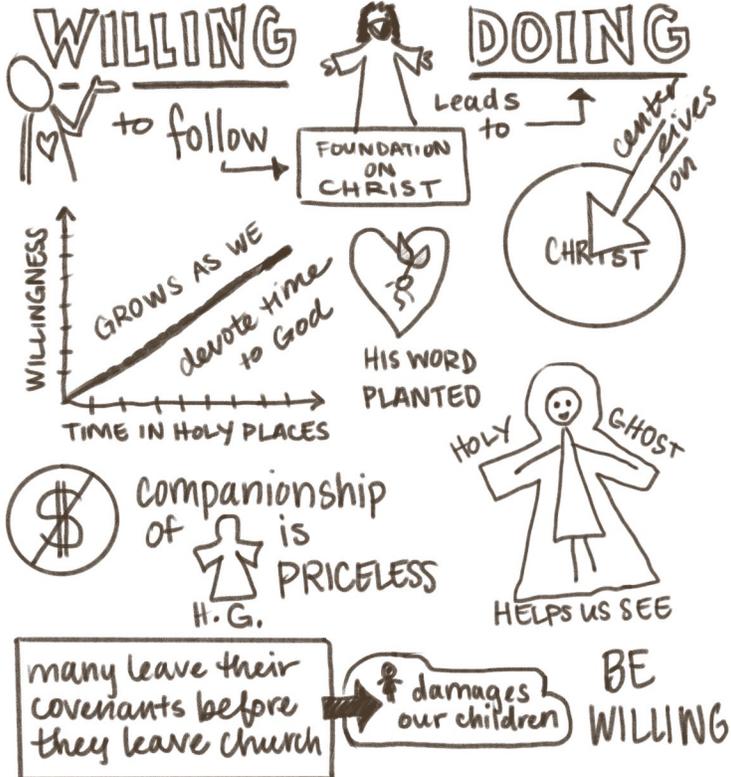


③ Participate in CREATION

- \* GIVE LIFE \*
- \* WRITE ART BUILD \*  
CONTRIBUTE
- \* GIVE LIFE \*

ALL IS SPIRITUAL TO GOD

KEVIN W. PEARSON



MICHELLE D. CRAIG

STAND fast & FIND peace



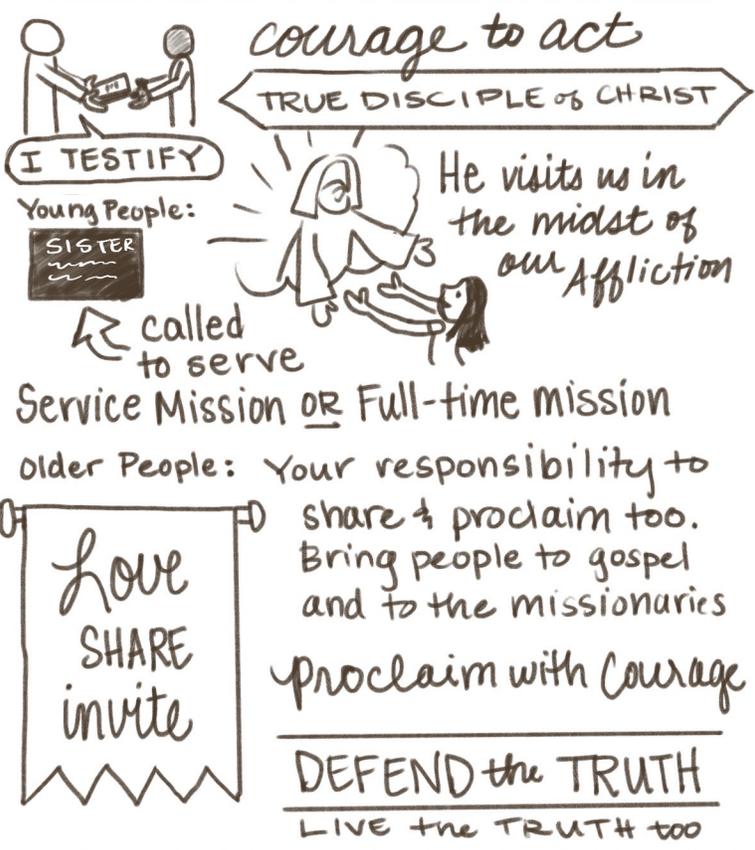
① Keep covenants even when not easy



- ② ACT in Faith
- ③ Be WHOLEHEARTED and Joyful → today's trial doesn't mean the plan has failed.

CHOOSE to STAND WITH FAITH

DENELSON SILVA



Neil L. Andersen



WHEAT growing SIDE by SIDE  
with the TARES in the  
last days



When will HE come  
again?



NUTURE • FORTIFY • STRENGTHEN your roots

- 1] immerse self into learning about  
CHRIST'S life, teachings, & example
- 2] COVENANT with God - baptism, repent, always remember  
M temple <sup>keep</sup> covenants - will lead us closer and closer to Him  
GIVES US strength and power - freed from worldly cares
- 3] Treasure, Protect, defend, & safeguard  
THE GIFT OF THE HOLY GHOST



gift beyond  
price

COURAGE TO BE DIFFERENT FROM THE WORLD

FAITH IN JESUS CHRIST

the Rock of  
our Salvation

# GENERAL CONFERENCE • OCTOBER 2, 2022

Sunday Morning

## Jeffrey R. Holland

 <sup>the</sup> Atonement is central to the Gospel Plan

← why do we NOT use the ICONOGRAPHY of the cross? □ the method of death was brutal

② We have different origins than those other Christian churches who use that icon

③ The cross doesn't encompass the COMPLETE mission of Jesus Christ need to focus on 2 part triumph

RESURRECTION → 

④ The LIVES of our people must be the symbol of our faith.

INTEGRITY MORAL BACKBONE

 bear a cross instead of wear a cross

Take up your cross and follow him



HIS ARMS WERE STRETCHED WIDE AND NAILED THERE. OPEN WIDE FOR US, FOR ALL

via del a rosa  
↳ the path christ took to the hill

Jesus Christ suffered and Died for all. We can all be redeemed

## J. Annette Denis

 Cassie the dog was hurt so couldn't obey

WHO IS WOUNDED?

Help instead of judge

1 Corinthians 13:1

John 13:35

Charity is the PURE LOVE OF CHRIST



 Let desire grow IT WILL TURN INTO SOMETHING MORE

 love

## GERRIT W. GONG

HAPPILY EVER AFTER isn't just a fairy tale

THERE IS TIME TO WORK IT OUT

Jesus can bring peace to our past & JOY to our future

 LOOK AT ME. I AM ALL CLEAN

 temple works can save & change all

- ① the atonement allows redemption
- ② atonement comes through faith grace & forgiveness - mercy & justice
- ③ God knows & loves us perfectly  
JUDGED ACCORDING TO DESIRES & WORKS
- ④ We become more perfected as we serve in the temple & make covenants there
- ⑤ Sanctifying symmetry in repentance and forgiveness - can influence each other

Sunday morning session continued

JOSEPH W. SITATI

☀️ ABSOLUTE TRUTH \* ) \*

I'll give unto you a pattern that you will not be deceived D&C 52:14

All things denote there is a God Alma 30: 44

heart must be open to receive



TAKE UP HIS YOKE



What we do at home makes a difference



BE ONE WITH Christ

Steven J. Lund



CHANGE of heart

become NEW creatures

corrosive sea of life

HOW DO WE STOP THE corrosion?

pray · study · serve

KEEP TRUSTING



Create a safe cottage for family to return to.

you don't have to wear the badge to bear HIS NAME

Sustain the FIRES of FAITH



TAKE CHARGE OF YOUR TESTIMONY → WATCH FOR MIRACLES TO HAPPEN → RECORD WHAT DOES

David A. Bednar



PARABLES:

stories that relate to common known elements

ASK · SEEK · KNOCK to understand



the marriage feast

- Some refused to attend: misguided priorities wouldn't follow King's will
- Host was to provide wedding clothes that were all the same so no class distinctions would be made: Had chance to wear / clothe themselves in Royal Garments - one refused rebellion & he had no excuse Blatant disrespect wanted to do things his way

MANY ARE CALLED BUT FEW ARE CHOSEN - FOR ALL DO NOT HAVE ON the wedding garment.

CHOOSE to be CHOSEN

Russell M. Nelson



KNOW THIS:

God & Jesus love you

HOW CAN I FIND REST?

make covenants

COME UNTO ME ALL YE THAT LABOR & ARE HEAVY LADEN - MATT 11:28

COVENANTS BRING Power from God



Because He overcame

we can too!

- ① What does it mean to overcome the world? trusting God, overcome temptation, loving God Most
- ② How do we do it? Mosiah 3:19 - Repent, Faith change hearts and nature → covenants, Gospel
- ③ How does it bless us? Binds us to God, which makes everything EASIER (not easy). Access to God's Power.

# General Conference · October 2, 2022

Sunday Afternoon Session

## Henry B. Eyring

Covenant path



eternal exaltation

### QUALIFY for Eternal Life



encouragement:

v. 41 - HOPE 43 - MEEK  
42 - FAITH 44-45 - CHARITY  
cleave unto charity  
it endureth forever  
PRAY w/ all heart for charity



SEEK NOT OUR OWN

Minister to others in  
His holy name



A GIFT TO LIFT YOU

COMMANDMENTS



NOT SOMETHING TO CONTROL YOU

## RYAN K. OLSEN



### YOU BELONG with HIM!

KNOW HIM · REMEMBER HIM  
· SERVE HIM ·

The Savior is a master of  
SIMPLICITY

The answer to any question is

# JESUS

He is the author & finisher of  
our Faith.

(satan is boastful, loud, selfish, confusing, & unsettling. opposite of Christ)

## Jonathan S. Schmidt

# CHRIST

which of His names should I take on me?

NAME important part of a person's identity

He knows your name



KNOW names of JESUS

Study what each of his names means personally to you. (over 300)

5 examples:

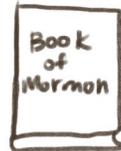
- 1 The Good Shepherd seek find
- 2 High Priest of Good Things to Come JOY
- 3 The Same Yesterday & Forever consistent · maketime for God
- 4 Holy one of Israel - we can be Holy time in the temple IN Israel
- 5 Faithful & True He will always be there  
DOUBT NOT FEAR NOT

## Mark D. Eddy

### NAVIGATING CIRCUMSTANCES

\* try the virtue of the word \* of God

ALMA 32-34



THE WORD OF GOD



1 GOD DELIVERED & THEY AWOKE UNTO GOD illuminated by the WORD

- 2 Brought to sing the song of redeeming love - Alma 5
- 3 Helaman - Lay hold upon the word Land at the right hand of God cut thru snares and wiles

THE WORD IS CHRIST & SCRIPTURE



Experience the virtue of the WORD daily - study B of M daily

Sunday afternoon session

# Gary E. Stevenson



I AM NOT ASHAMED OF THE GOSPEL OF JESUS CHRIST

\* DO I understand what a testimony is?

- 1- God is your Father & Loves you
- 2- Jesus Lives
- 3- Joseph Smith is a prophet
- 4- The church of Jesus of latter day saints is the restored church
- 5- The church is lead by a prophet today

\* DO I know how to bear my testimony? AT CHURCH

BY YOUR EXAMPLE share AND invite  
 ON SOCIAL MEDIA

\* What are the obstacles to bearing it? WHAT DO I SAY?  
 rely on spirit  
 FEAR comes from Satan > HAVE FAITH

\* How do I KEEP my testimony? NOURISH IT  
feast on the word FEED IT TRUTH  
 take sacrament

seek opportunities to share  
the H.G. will bear record of its truth

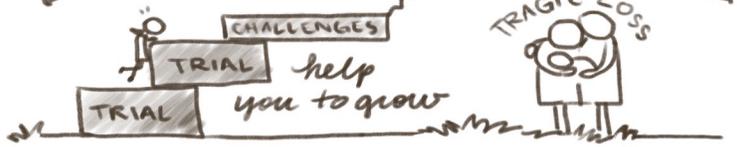
# Russell M. Nelson

## SEEK HELP FROM GOD & JESUS

increased time in the temple will help you more than anything else.

showed scene of new B of M video - Christ coming to Temple

# ISAAC K. MORRISON



① LISTEN TO & HEED (SPIRITUAL) promptings

② IF IN DOUBT, just do #1

FOCUS ON JESUS CHRIST to have JOY  
D&C 122:7 endure it well



# Quentin L. Cook

NO MAN CAN STAND ON BORROWED LIGHT SOURCE

HEBER C. KIMBALL { ALMA } to his sons ALMA 38:12 Those who trust God will be lifted up REFLECTED ALMA 36:3

ALMA 38:12 - Bridle Passions - especially LUST & ANGER

Control thoughts words and actions ALMA 39 ALMA 42:29 repent

- temperance
- patience
- godliness
- charity

# Mercy

< temples have never been more accessible

NEW TEMPLES ANNOUNCED